



****Technology Assistance Available by Appointment. Please call to schedule.**

6200 Autumn Oaks Lane
Naples, FL 34119
239-325-4444

www.BakerSeniorCenterNaples.org/senior-center

		<p>1) 9:45 Bone Building Fitness 10:45 Stretch DVD 11:00 Early Lunch 12:00 Documentary Series: <i>Penguin Town</i> 12:30 Café Karaoke 1:00 Late Lunch 1:00 Watercolor w/Ava 2:00 Ukulele Lessons 2:00 Movie Matinee: <i>Tyson's Run</i> 3:00 HUGS; Happy Ukulele Group</p>	<p>2) 9:30 Move & Groove 9:30 Golden Yoga 10:00 Guy Time 10:30 Advanced Tai Chi 11:00 Learn to Crochet 11:30 Beijing 24 12:00 Veterans Stretch & Mobility 12:30 Mindfulness Meditation 12:30 Currents Events 1:30 Senior Fitness DVD 2:00 Beginner Line Dancing 3:00 Line Dancing</p>	<p>3) 9:30 Just Bridge 9:30 "String" Along 9:45 Bone Building Fitness 10:00 Acrylic Art w/Robyn 11:15 Drum Circle 12:30 Garden Club 12:30-3:30 Cards & Games 12:30 Chess 1:00 HUGS Practice 2:30 Fluid Art Pour (Project Finisher)</p>
<p>6) 9:15 Total Fitness w/Grace 10:00 Creative Cards 10:30 Bone Building Fitness 11:00 Simple Tai Chi 11:30 Seeing Art In New Ways 1:00 Watercolor w/Anneke 2:00 Golden Yoga 3:00 Paul Pacter Presents: Italy – Rome Pt 1</p>	<p>7) 9:30 Move & Groove 10:00 Senior Fitness w/Paula 10:00 Needleworks 10:00 Learn to Crochet 11:00 Gentleness in Motion – Senior Karate 12:00 Patio Drum Circle 12:15 Mindfulness Meditation 12:30 Current Events Group 1:00 Beijing 24 1:00 Writing for the Fun of It 2:30 Writing for the Fun of It! 3:00 Sing Along w/Tommy Tunes</p>	<p>8) 9:45 Bone Building Fitness 10:45 Stretch DVD 11:00 Early Lunch 12:00 Documentary Series: <i>Penguin Town</i> 1:00 Late Lunch 1:00 Watercolor with Ava 2:00 Ukulele Lessons 2:00 Movie Matinee: <i>Damsel</i> 3:00 HUGS; Happy Ukulele Group</p>	<p>9) 9:30 Move & Groove 9:30 Golden Yoga 10:00 Get Fit w/Irene 10:00 Guy Time 10:30 Advanced Tai Chi 11:00 Learn to Crochet 11:30 Beijing 24 12:30 Mindfulness Meditation 12:30 Currents Events 1:00 VIP 1:00 Origami 1:30 Senior Fitness DVD 2:00 Beginner Line Dancing 3:00 Line Dancing</p>	<p>10) 9:30 Just Bridge 9:30 "String" Along 9:45 Bone Building Fitness 10:00 Crafts & Cookies w/Claudia 11:15 Drum Circle 12:30 Garden Club 12:30-3:30 Cards & Games 12:30 Chess 1:00 The Nostalgics – Live Performance 1:00 HUGS Practice</p>
<p>13) 9:15 Total Fitness w/Grace 10:00 Empty Bowls Painting 10:30 Bone Building Fitness 11:00 Simple Tai Chi 1:00 Watercolor w/Anneke 1:30 A.I. Artificial Intelligence or Intrusively Artificial? 2:00 Golden Yoga 3:00 Afternoon Piano w/Doug Williams</p>	<p>14) 9:30 Move & Groove 10:00 Senior Fitness w/Paula 10:00 Needleworks 10:00 Learn to Crochet 11:00 Gentleness in Motion – Senior Karate 12:00 Patio Drum Circle 12:15 Mindfulness Meditation 12:30 Current Events Group 1:00 Beijing 24 1:00 Writing for the Fun of It! 2:30 Writing for the Fun of It! 3:00 Sing Along w/Tommy Tunes</p>	<p>15) 9:45 Bone Building Fitness 10:45 Stretch DVD 11:00 Early Lunch 12:00 Documentary Series: <i>Penguin Town</i> 12:30 Café Karaoke 1:00 Late Lunch 1:00 Watercolor with Ava 2:00 Ukulele Lessons 2:00 Movie Matinee: <i>Art of Love</i> 3:00 HUGS; Happy Ukulele Group</p>	<p>16) 9:30 Golden Yoga 10:00 Get Fit w/Irene 10:00 Guy Time 10:30 Advanced Tai Chi 11:00 Learn to Crochet 11:30 Beijing 24 12:00 Veterans Stretch & Mobility 12:30 Book Club 12:30 Mindfulness Meditation 12:30 Currents Events 1:30 Senior Fitness DVD 2:00 Beginner Line Dancing 3:00 Line Dancing</p>	<p>17) 9:30 Just Bridge 9:30 "String" Along 9:45 Bone Building Fitness 10:00 Acrylic Art w/Robyn 11:15 Drum Circle 12:30 Garden Club 12:30-3:30 Cards & Games 12:30 Chess 1:00 HUGS Practice</p>
<p>20) 9:15 Total Fitness w/Grace 10:00 Arts & Crafts w/Kathy 10:30 Bone Building Fitness 11:00 Simple Tai Chi 1:00 Watercolor w/Anneke 1:30 Drum Circle 2:00 Golden Yoga 3:00 Travelogue w/Jim</p>	<p>21) 10:00 Senior Fitness w/Paula 10:00 Needleworks 10:00 Learn to Crochet 11:00 Gentleness in Motion – Senior Karate 12:00 Patio Drum Circle 12:15 Mindfulness Meditation 12:30 Current Events Group 1:00 Beijing 24 1:00 Writing for the Fun of It 2:30 Writing for the Fun of It! 3:00 Sing Along w/Dave</p>	<p>22) 9:45 Bone Building Fitness 10:45 Stretch DVD 11:00 Early Lunch 12:00 Documentary Series: <i>Penguin Town</i> 12:30 Café Karaoke 1:00 Late Lunch 1:00 Watercolor with Ava 2:00 Ukulele Lessons 2:00 Movie Matinee: <i>The Miracle Club</i> 3:00 HUGS; Happy Ukulele Group</p>	<p>23) 9:30 Golden Yoga 10:00 Guy Time 10:30 Advanced Tai Chi 11:00 Learn to Crochet 11:30 Beijing 24 12:30 Mindfulness Meditation 12:30 Currents Events 1:00 Resilient Warrior 1:30 Senior Fitness DVD 2:00 Beginner Line Dancing 3:00 Line Dancing</p>	<p>24) 9:30 Just Bridge 9:30 "String" Along 9:45 Bone Building Fitness 10:00 Creative Class TBD 11:15 Drum Circle 12:30 Garden Club 12:30 Chess 1:00 HUGS Practice</p>
<p>27) CLOSED FOR MEMORIAL DAY</p>	<p>28) 10:00 Senior Fitness w/Paula 10:00 Needleworks 10:00 Learn to Crochet 11:00 Gentleness in Motion – Senior Karate 12:00 Patio Drum Circle 12:15 Mindfulness Meditation 12:30 Current Events Group 1:00 Beijing 24 1:00 Writing for the Fun of It! 2:30 Writing for the Fun of It! 3:00 Piano Sing Along w/Doug Williams</p>	<p>29) 9:45 Bone Building Fitness 10:45 Stretch DVD 11:00 Early Lunch 12:00 Documentary Series: <i>Penguin Town</i> 12:30 Café Karaoke 1:00 Late Lunch 1:00 Watercolor with Ava 2:00 Ukulele Lessons 2:00 Movie Matinee: <i>Yesterday</i> 3:00 HUGS; Happy Ukulele Group</p>	<p>30) 9:30 Golden Yoga 10:00 Guy Time 10:30 Advanced Tai Chi 11:00 Learn to Crochet 11:30 Beijing 24 12:30 Mindfulness Meditation 12:30 Currents Events 1:00 Resilient Warrior 1:30 Clerk of Court Guardianship Presentation 1:30 Senior Fitness DVD 2:00 Beginner Line Dancing 3:00 Line Dancing</p>	<p>31) 9:30 Just Bridge 9:30 "String" Along 9:45 Bone Building Fitness 10:00 Acrylic Art w/Robyn 11:15 Drum Circle 12:30 Garden Club 12:30-3:30 Cards & Games 12:30 Chess 1:00 HUGS Practice 1:00 The French Horn – A Performance</p>